



**JUNE**

MONTH OF THE SACRED HEART OF JESUS

**ANNOUNCEMENT: Baptisms**

Baptism is administered on the 3rd Sunday of the month.

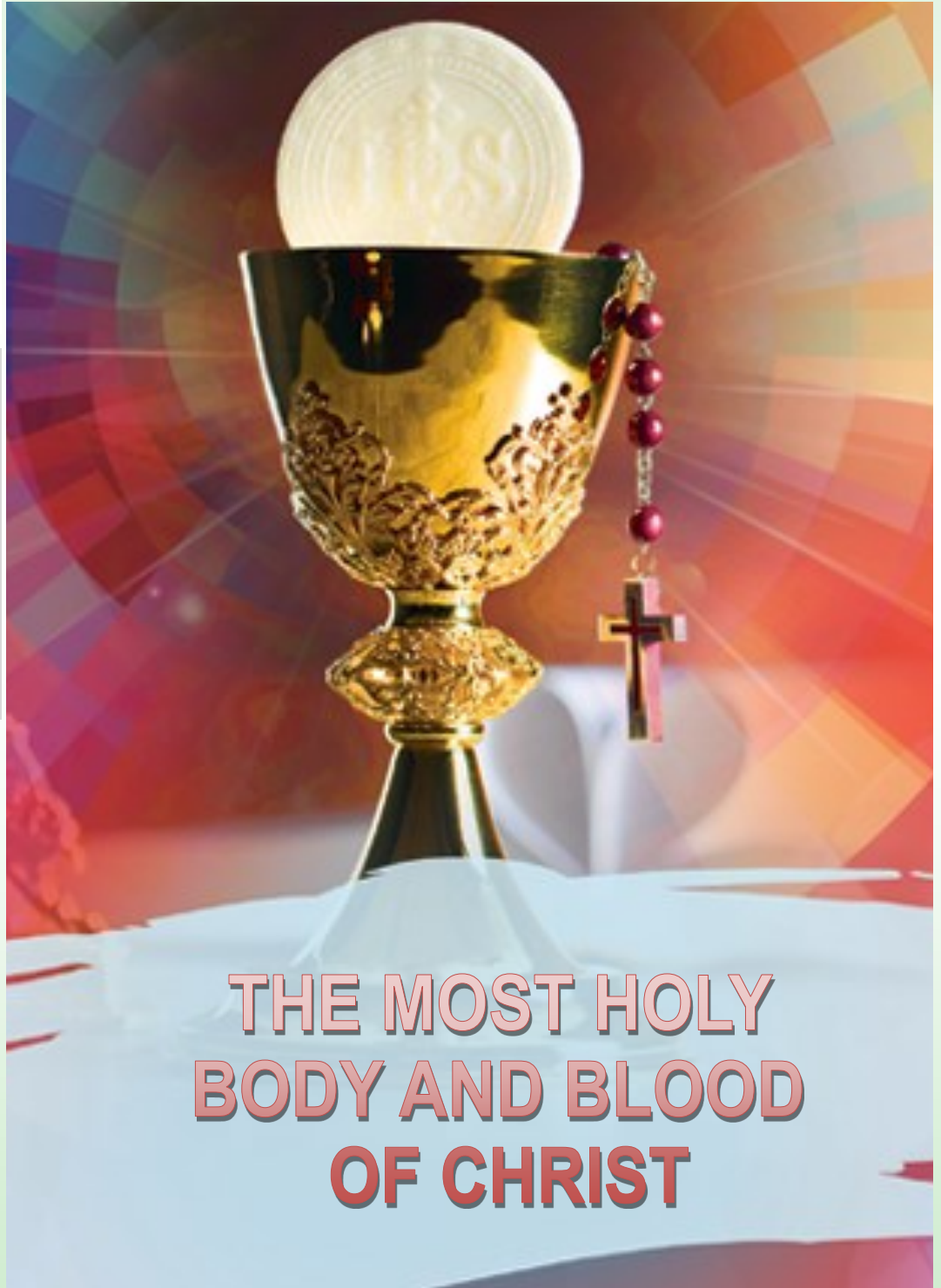
**Parents are asked to call the parish office to register for our pre-baptism class which is held on the 2nd Sunday of the month in the big classroom at 1PM.** Please bring a copy of your child's birth certificate to the class.

**LADIES GUILD NEWS.**

**The Emmanuel Ladies Guild** recently introduced their new officers. Check **page 5** of this bulletin for the full update.

**SPREAD THE WORD.** The Catholic Grandparents Association hosts a Grandparents' Faith Café online via Zoom on the second Tuesday of every month.

Scan this QR code for more info.



**THE MOST HOLY  
 BODY AND BLOOD  
 OF CHRIST**

# PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



## OUR MISSION

**Emmanuel** Catholic Church which means, **God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

## CLERGY

### Pastor

Rev. Fr. Gaudioso Zamora

### Parish Vicar

Rev. Fr. Theodore Ihedoro

### In Residence

Rev. Fr. Joseph Papes

### Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

## PARISH STAFF

### Director of Finance

Tanya Kuppamala Ext. 1001 tkuppamala@emmanuelcatholic.church

### Secretary

Stella Sadolfo Ext. 1007 secretary@emmanuelcatholic.church

### Property Manager

Edward Shannon Ext. 1006 maintenance@emmanuelcatholic.church

### Receptionist

Rose Marie Baldonado Ext. 1000 receptionist@emmanuelcatholic.church

## PARISH MINISTRIES

### OCIA & Sacramental Preparation

Deacon Anthony Cuseo

### Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

### Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

### Lectors

Fr. Theo Ihedoro | Ext. 1004

### Hospitality / Ushers

Bob Bonney & Chuck Dolce

### Music

Linda Coz, Ree Joy Baldonado, Clanaven Baldonado & Men's Choir

### Altar Flowers

Bella Simbajon & Filipino Community

### Altar & Clergy Vestments

Maryann DiBiase, Carol Chapman, Nancy McDonald,

### Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

### Gift Shop

Josephine Joan | Ext. 1009

### Blood Drive

Patti Gomez | 561-293-9761

## PARISH ORGANIZATIONS

### Ladies Guild

President Carol Chapman

### Knights of Columbus

Grand Knight Luke VanHove



PARISH REGULAR SCHEDULE

TAIZÉ PRAYER

Every Friday at 6:30pm–7:30pm (after 6:00pm Mass) except for First Fridays.

SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass or call the parish office

BAPTISMS

Sundays at 1:00pm. Schedule one month in advance. Contact Parish Office.

WEDDINGS

Contact Deacon Tony at least 6 months in advance

HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass 7:30am, 9:00am, 10:30am, 12:00pm

GIFT SHOP

Monday & Wednesday 8am-1:00pm

Tuesday Closed

Thursday & Friday 8am-1pm

Saturday Closed

4th Sunday of the Month 10:00AM- 1:30PM

NOTE: Gift shop will be closed when the parish office is closed

ROSARY GROUP

Monday–Friday after the 7:30am Daily Mass

RECONCILIATION

Saturday after the 8:30am Mass

PARISH CALENDAR FOR THE WEEK

Monday, June 03

6:30A..... Adoration 1:00P.....Movie Mondays

Tuesday, June 04

6:30A.....Adoration 10:00A.....Faith Sharing

Wednesday, June 05

6:30A... Adoration 4:00P.....SoulCore 6:30P.....Ladies Guild Meeting

Thursday, June 06

6:30A..... Adoration 9:00A..... Anointing of the Sick 3:00P..... Holy Hour 6:30P.....AA Meeting

Friday, June 07

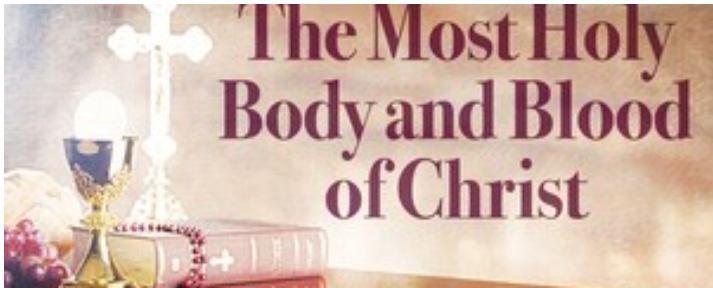
6:30A.....Adoration 8:00A.....Vacation Bible School 9:00A.....First Friday Adoration

Saturday, June 08

8:00A.....Vacation Bible School 9:00A..... Confession 9:00A.....Lay Cistercians Meeting

Sunday, June 09

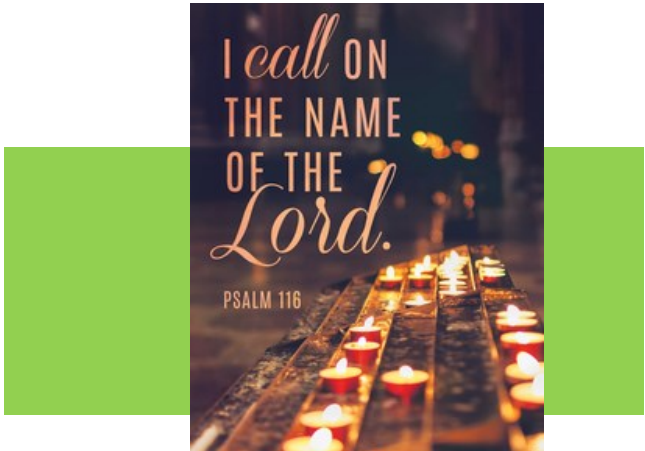
8:00A.....Vacation Bible School 9:00A..... Ladies Guild Mass 1:00P.....Pre-Baptism Class



SCHEDULE CHANGES?

Do you want to make sure there have been no sudden time changes to any event or activity you want to join this week? Call the parish office during business hours.

561.496.2480



## WE ARE WHAT WE EAT!

What a truly precious gift we have received in the body and blood of Jesus. It is real food and real drink, as He says in the Gospels. It sustains and nourishes us, just as it sustains, nourishes and brings the church together. It is an amazing thing to think that the Father has chosen not only to sustain us physically, but emotionally, spiritually, intellectually (and in every other conceivable way possible), but giving us the Body and Blood of His Son. What more precious gift could there be.

What do Jesus' words mean to eat his flesh and drink his blood? To eat Jesus' flesh and drink his blood is to assimilate totally into our very being the whole way of thinking and acting of Jesus, his very person. 'Whoever eats my flesh and drinks my blood remains in me and I in him'. In our culture, a saying gives a good insight as to where Jesus is leading us:

"You are what you eat".

This is exactly what Jesus wants for us, to become a part of him and to replicate in each part of our life and character his goodness. Our bonding with him especially by sharing the Eucharist will give us the grace, strength and energy to grow into his goodness. The Eucharist is a community celebration of what we are - brothers and sisters who are the body of Christ for each other and for the whole world. That's why the Holy Eucharist is the source and summit of our Christian life. Jesus' flesh and blood come to us through the word that we proclaim at each mass as well as during the sharing of the bread and the cup. But when we gather for mass, we do not just talk about Christ; we become one with Christ; we are changed and transformed by the mystery of His passion, death and resurrection made present in the Eucharist.

Happy Memorial Day! Today, we honor the countless men and women in uniform who offered their lives for our freedom, safety and

## DSA REPORT—YEAR 2024

May 16, 2024

Goal Amount .....	\$ 169,000.00
Current Donation Total .....	\$ 107,426.06
Balance Remaining .....	\$ 61,573.94

## STEWARDSHIP REPORT

May 19, 2024

First Collection .....	\$ 15,594.00
Second Collection .....	\$ 2,885.00
Subtotal.....	\$ 18,479.00
Online (05/13/24–05/17/2024).....	\$ 1,517.29

May 12, 2024

First Collection .....	\$ 11,618.00
Second Collection .....	\$ 1,015.00
Subtotal.....	\$ 12,633.00
Mother's Day.....	\$ 2,740.00
Online (05/06/24–05/10/2024).....	\$ 1,246.88

**Thank you for your continued generosity and support!**  
**( Updated collection reports will appear in this section next issue. The publisher has requested early submission of this issue's content on account of Memorial Day. Thanks! )**

security. They sacrificed their lives out of love for our country and they became heroes. If a country has its own heroes, the Catholic Church has her own heroes too like the martyrs and saints who offered their lives out of their love for God and his church.

-Fr. Zamora



**CLERGY & MASS SCHEDULE  
JUNE 02-09, 2024**

**Corpus Christi Sunday, June 2<sup>nd</sup>**

7:30A Fr. Carr 9:00A Fr. Carr  
10:30 Fr. Timothy 12:00 Fr. Timothy  
6:00P Fr. Zamora

**Monday, June 3<sup>rd</sup>**

7:30A Fr. Zamora 8:30A Fr. Papes

**Tuesday, June 4<sup>th</sup>**

7:30A Fr. Theo 8:30A Fr. Papes

**Wednesday, June 5<sup>th</sup>**

7:30A Fr. Carr 8:30A Fr. Papes

**Thursday, June 6<sup>th</sup>**

7:30A Fr. Carr 8:30A Fr. Timothy

**Friday, June 7<sup>th</sup>**

7:30A Fr. Theo 8:30A Fr. Timothy  
6:00P Fr. Zamora

**Saturday, June 8<sup>th</sup>**

8:30A Fr. Theo 4:00P Fr. Zamora  
5:30P Fr. Zamora

**Sunday, June 9<sup>th</sup>**

**Tenth Sunday in Ordinary Time**

7:30A Fr. Theo 9:00A Fr. Zamora  
10:30A Fr. Timothy 12:00P Fr. Timothy  
6:00P Fr. Theo

**CONGRATULATIONS!**

**As recently as last week, our Pastor, Fr. G. Zamora, officially installed new officers for the Emmanuel Ladies Guild. Kudos to all outgoing for a job well done, and more power to all incoming!**



**From Right to Left:**

**President—Nancy McDonald**

**Vice-President—Ann Marie Riviuccio**  
(not in photo)

**Recording. Secretary—Gail Vlasek**

**Pastor—Fr. G. Zamora**

**Corresponding Secretary—Barbara—Ann Rossi**

**Treasurer—Carol Chapman**

**The National  
Eucharistic Congress  
is COMING SOON!**



# Weekly Prayer

## Sunday's Readings

### First Reading:

"This is the blood of the covenant that the LORD has made with you in accordance with all these words of his." (Ex 24:8)

### Psalm:

I will take the cup of salvation, and call on the name of the Lord. (Ps 116)

Or: Alleluia.

### Second Reading:

How much more will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from dead works to worship the living God. (Heb 9:14)

### Gospel:

"Take it; this is my body."

Then he took a cup, gave thanks, and gave it to them, and they all drank from it.

He said to them,

"This is my blood of the covenant, which will be shed for many." (Mk 14:22-24)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Live The Liturgy Inspiration of the Week

Jesus is the Passover Lamb come to fulfillment, and his sacrifice washes our hearts in the blood of the new covenant. He is passing us the cup of salvation. Let us take it and call on the name of the Lord.

## Observances for the week of June 2, 2024

- Sunday:** The Most Holy Body and Blood of Christ
- Monday:** St. Charles Lwanga and Companions, Martyrs
- Wednesday:** St. Boniface, Bishop and Martyr
- Thursday:** St. Norbert, Bishop
- Friday:** The Most Sacred Heart of Jesus
- Saturday:** The Immaculate Heart of the Blessed Virgin Mary
- Next Sunday:** 10th Sunday in Ordinary Time

## PRAYER FOR PROTECTION FROM STORMS

God our Father, Creator of the Universe, and Lord over all creation, we humbly stand before You as your children in thanksgiving for your loving care and protection.

We ask that you keep us safe from hurricanes which may threaten us in the coming seasons. Protect us from all fear and anxiety of storms and give us an ardent trust and hope in your love and mercy. You alone have the power to command the sea, the wind and the rain. You alone bring peace, calm and safety.

Father we thank you in advance, for you are our only Refuge. We ask this through Christ, Your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

Mary, Queen of the Apostles, and Patroness of our Diocese, pray for us.  
Amen.

## Prayer of the True Presence

My Lord and my Love —  
Bread of Life, nourish me.  
Pascal Lamb, restore me.  
Jesus in the Blessed  
Sacrament, consume me as I  
consume you.  
Amen.

**Please take some time this week to remember the following in your prayers: For all in our parish family who are suffering serious or terminal illness:**

**For men and women in the Armed Forces, and their families:  
AND FOR**

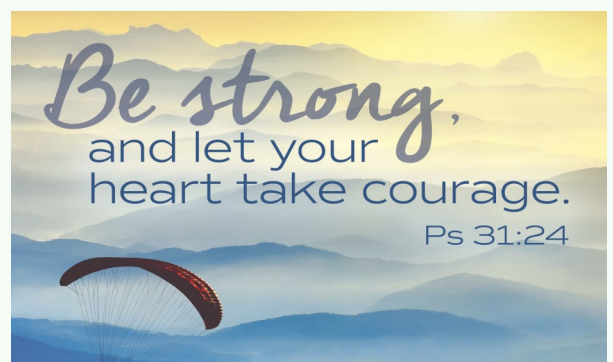
David & John	Amelita Coz-Zarraga
Helen Cruz	Heather Martin
Lenore Curatolo	Taiilor McGee
Marilyn Boyle	Ronald Griffiths
Andrea Anastasi	Margie Giaquinto
Shelly Fiorini	Maria Fernandez
Fran Abrami	Raphael Roman
Ed Bush	James Ezeilo
Margarito D. Berciles	Brenda Ezeilo
Arthur Chiusano	Cynthia Martin
Maureen Oberholzer	Francis Martin
Bob Oberholzer	Hermoine D'Cruz
John Wilkens	Brigitte Knops
Scott Ellison	Toni Kreamer
Evangeline Ezeilo	Gerry Gerhard
Michael Gehres	Euclides Cerutti
Karen Sullivan	Grace Cassagnol
Eric Albertson	Samuel Gonzales
Sean Zahul	Victorio
Darren Guzman	Ray Wolff
Mary Lou	Patricia Tripi Giraldo
Connie Panepinto	Ruth Kipperman
Amalia Mazzolin	Ida Giannettina
Leon Martin	Tom Hickey
Joe Delagami	Josette Weber
Dennis Audette	Nicholas Payamps
Rose Marie Regner	Vincent Rizzo
Michael Manuele	Louis Perticone
Carla Ruiz	Ann Cavaseno
Benjamin Robelo	Sue Madden
Karen McCarty	Hank Missig
T.J. Genzale	Ulrich Vhon Laroa
Dave Ruiz	Charles C. Tufano
Victoria Robelo	Angela Discepola
Ms. S.	Nancy Wong
Dennis Gilbride	Anna Halford
Rose Borsella	Sal Yanello
Lexie Helgerson	Victor Rivera
David Smeraldo	William Lindner
Janette Cole	Lisa Della Femina
Steven Martin Sikes	María E. Quiñones Mercado
Gianna Pagan	Diane Daniels
Suzanne Puleo	Carmen Jones
David Keyser	Bill Hamilton
Sr. Frances Vass OSC	Ralph Senese
Marguerite Dawson	Ramona
Mary Loveland	Kathy Garrett
Sam Falcone	Rich Sotis
Patricia Golstein	Ash Gaballah
Taylor Dosh	Karen Ramey
Marilyn Martino	
Gulshan Modena	
Maggie Dolan	

**PRAYER BEFORE HOLY COMMUNION .** Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

**PRAYER TO SAINT MICHAEL THE ARCHANGEL** St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**EUCCHARISTIC REVIVAL PRAYER.** Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. Amen.

**PRAYER FOR VOCATIONS.** Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.



# WEEKLY MASS INTENTIONS

JUNE 3—JUNE 9, 2024 | 08

## SCHEDULED INTENTIONS

### Monday, June 03

7:30am †Gerard & David Abrami by Fran Abrami  
8:30am \*Kim Lemar by A. M.

†James Kenny by Nancy McDonald  
†Andrea Colon Santiago by Martina DeBoise

### Tuesday, June 04

7:30am †Henry Gaviño Jr. by Gaviño Family  
8:30am †Mary & Munzio Albero by Barbara Damato

‡Mayra R. Brandt by Mary E. & Andy Freed  
†Helen Nebrotski by Family

### Wednesday, June 05

7:30am †Carmen Perez by Ramon Palmero  
8:30am †Santy Roman by Martina DeBoise

\*Alba & Martin Pelicano by Bev & Bob  
†Dolores Calderon by Martina DeBoise

### Thursday, June 06

7:30am †Maria Esperanza Bianchini by Parishioner  
8:30am †Susan Maria Pacienza & Family by Christine & John

\*Mary E. & George Doubrava by Bev & Bob  
†John Flynn by Friend

### Friday, June 07

7:30am †Walter Sikora by Jennifer  
8:30am †John Flynn  
6:00pm FOR PRIESTS

†Souls in Purgatory by Jennifer  
†Charlie Knight by Wife  
FOR PRIESTS

### Saturday, June 08

8:30am \*Gil Lemar by A. M.  
4:00pm BOOK OF THE DEAD  
5:30pm †Muriel Meszaros by Ed & Kathy Meszaros

†Bob Krokus by Jo Krokus  
BOOK OF THE DEAD  
†Richard Bisconti by Lori Davanzo

### Sunday, June 09

7:30am †Stan Berdoff by Fred & Joanne Della Femina  
9:00am †Tony Donnino by Carmella Donnino  
10:30am PARISHIONERS & BENEFACTORS  
12:00pm †John Baldino by Family  
6:00pm †Fernando Polit by Mercedes Maleus

†John Roach by Kenneth & Mary Beth Costello  
\*Ejoi Baldonado by Family  
PARISHIONERS & BENEFACTORS  
†Jaqueline Hoey by Family  
†Christopher Delspina by Patt Rizzo

## UNSCHEDULED

†Janet Verdiglione by Sal Mastroeni †Janet Verdiglione by Sandy & Frank Mastroeni \*Fran Abrami by Dennis & Judy Smith  
\*Jennifer Demuesy by Dennis & Judy Smith \*Peggy Maine by Dennis & Judy Smith †James Cyriac by Sherin George  
\*Sebin Alexander by Sherin George †Rose & Varkey Cyriac by Sherin George †C.O. Mathew by Sherin George

### ALTAR FLOWERS

\*A.M. By A.M.

### VIGIL LIGHTS

\*A.M. By A.M.

### SHRINE FLOWERS



# Liturgical Life

## ( PRACTICING ) CATHOLIC

### This Is My Body

A friend in high school once asked me why I wore a Crucifix around my neck. She was a Christian and very devout, so I was surprised at her confusion. “To remember Jesus’ sacrifice,” I said.

Her upper lip curled in disgust. “The cross is a sign of Jesus’ sacrifice,” she said. “He’s not on the cross anymore. It’s really weird that you wear his dead body.”

As someone raised Catholic, the Corpus was an image I knew intimately. We had Crucifixes all over our home, everyone in my family did. And for reasons I couldn’t quite explain, I actually preferred them over the plain crosses I saw elsewhere. The crosses seemed more elegant, more refined — but the Crucifixes felt more complete. More to-the-point.

My friend’s disgust compelled me to reflect, in a way I never had before, on the image of Christ’s body, wounded and twisted and tortured. Why was this a visual that compelled me? It didn’t make a lot of sense for someone who abhorred dead bodies so much that I found it difficult to look into a casket at a wake. So, what was different about this?

My friend wasn’t wrong: Christ is no longer on the cross. The sacrifice has been made. But does that mean it is over? We re-present it every single Mass. It’s the point of everything that we do. Jesus did not sacrifice his spirit; he sacrificed his body. He bought us with every tear of the flesh, with every drop of blood.

The cross is crucial, yes. But that wood didn’t bleed for us. If the body wasn’t the point, Jesus would not have become human at all. Jesus needed the body.

We need it, too.

*“While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, ‘Take it; this is my body.’”*  
— Matthew 26:26

- Colleen Jurkiewicz Dorman

### Why do we do that? Catholic Life Explained

#### Question:

What are the “fruits” of holy Communion?

#### Answer:

The Eucharist, like all sacraments, offers its own unique grace. We receive a special share in God’s life that helps us in our faith journey. We are given all we need to sustain and nurture our relationship with God. The Eucharist is the source and summit of the Christian life. Everything we are and everything we hope to become is found in this sacrament. It is essential to the life of the church, to each member of the church. Without it, there is no church. The Eucharist is the center of our spiritual life and has enormous effects on our growth, our holiness, and our way of life. The fruits of holy Communion are the benefits one receives from the sacrament. These fruits of holy Communion are discussed in the catechism in the article on the Eucharist. The primary benefit is union with Christ. We become one with him sacramentally, just as we hope to become one with him for eternity. The Eucharist also separates us from sin, both past and future. It forgives the venial sins of the past and, by the love we receive, protects us from mortal sin in the future. The church community is also unified and strengthened by the Eucharist. It unites us to the poor and offers the pledge of eternal life.

# Worship & Meditation

## Readings for the week of June 2, 2024

### Sunday:

Ex 24:3-8/Ps 116:12-13, 15-16, 17-18 (13)/  
Heb 9:11-15/Mk 14:12-16, 22-26

### Monday:

2 Pt 1:2-7/Ps 91:1-2, 14-15b, 15c-16/  
Mk 12:1-12

### Tuesday:

2 Pt 3:12-15a, 17-18/  
Ps 90:2, 3-4, 10, 14 and 16/Mk 12:13-17

### Wednesday:

2 Tm 1:1-3, 6-12/Ps 123:1b-2ab, 2cdef/  
Mk 12:18-27

### Thursday:

2 Tm 2:8-15/Ps 25:4-5ab, 8-9, 10 and 14/  
Mk 12:28-34

### Friday:

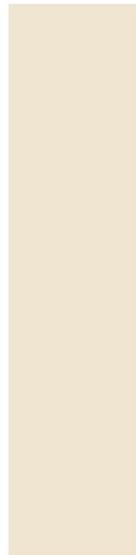
Hos 11:1, 3-4, 8c-9/Ps 12:2-3, 4, 5-6 (3)/  
Eph 3:8-12, 14-19/Jn 19:31-37

### Saturday:

2 Tm 4:1-8/1 Sm 2:1, 4-5, 6-7, 8abcd/  
Lk 2:41-51

### Next Sunday:

Gn 3:9-15/Ps 130:1-2, 3-4, 5-6, 7-8  
(7bc)/2 Cor 4:13—5:1/Mk 3:20-35



## Gospel Meditation

### Seek a deeper understanding of Scripture

The best way to understand the Eucharist is to recall God’s long, careful teaching process beginning in the Old Testament. This week in Exodus 24, we learn the basic pattern. Moses reads the dictates of God’s law to the people, who profess their allegiance to it. Then Moses takes representatives of Israel’s twelve tribes and splashes the sacrificed blood of animals in two directions: on the altar and on the people. It’s clear and serious business: clear, because the participants are entering a blood-bond with God Himself; serious, because the dead animals symbolize the life-and-death stakes at play.

Many centuries later, God uses the experience at Sinai to teach us something new. At the Last Supper, like a new Moses, Jesus proposes to “pour out” blood as a new covenant. It will land on the altar of the cross and the lips of his disciples. They have promised to be obedient to him who is God’s law in flesh. This renews and elevates the breath-taking romance God wants with His people, unfolding from Sinai to this Supper. The Body and Blood of Christ is the sacrificial action whereby this covenant is strengthened.

How hopeful that, like us, the Israelites and the apostles repeatedly fail to live up to their promises and discover that the blood of the covenant continually renews and refreshes them. Today the blood of Christ faithfully flows, to unite and renew, moving us forward toward where our great teacher is taking us. This week, we should say a renewed “amen” to God who so carefully teaches us how to be one with Him in this new covenant.

— Father John Muir

# PRACTICING CHRISTIAN

## FIND GOD IN ORDINARY MOMENTS

### We Can Prepare the Upper Room

We all know that person, don't we? Hey, maybe we've even been that person.

"I have a great relationship with God, but I don't go to church regularly. God and I are on good terms. I can talk to Him just fine on my own."

There isn't anything false in these statements. It's important to have an intimate, even conversational prayer relationship with God. But the problem with this attitude is that it implies that churches don't matter. Community worship doesn't matter. Today, we are reminded exactly why that is so untrue. Why we need our parishes, our priests, and each other.

The Body and Blood of Christ — that's what it's all about. If it's not about that, it's not about anything. If we don't have the Eucharist, we're just like the ancient priests, making sacrifices that don't have the power to redeem anybody.

Where do we receive the Body and Blood of Christ? For most of us, it's in our parishes. The altar of sacrifice is also the table we gather in front of, as a family, to become one with Christ in the truest and realest way possible, recreating the scene in the Upper Room over and over again every time Mass is celebrated.

The disciples were commissioned by Christ to prepare the Upper Room for the Last Supper. How can we take up that work ourselves? How can we strengthen the bonds in our spiritual family? How can we serve our parish, always remembering that the table is not meant to be set only for two?

*racy Earl Welliver, MTS*



### BODY AND BLOOD OF CHRIST



## Saint of the Day - Saint Charles Lwanga and Companions

(d. between November 15, 1885 – January 27, 1887)

One of 22 Ugandan martyrs, Charles Lwanga is the patron of youth and Catholic action in most of tropical Africa. He protected his fellow pages, aged 13 to 30, from the sexual demands of the Bagandan ruler, Mwanga, and encouraged and instructed them in the Catholic faith during their imprisonment for refusing the ruler's demands.

Charles first learned of Christ's teachings from two retainers in the court of Chief Mawulugungu. While a catechumen, he entered the royal household as assistant to Joseph Mukaso, head of the court pages.

On the night of Mukaso's martyrdom for encouraging the African youths to resist Mwanga, Charles requested and received baptism. Imprisoned with his friends, Charles' courage and belief in God inspired them to remain chaste and faithful.

For his own unwillingness to submit to the immoral acts and his efforts to safeguard the faith of his friends, Charles was burned to death at Namugongo on June 3, 1886, by Mwanga's order.

When Pope Paul VI canonized these 22 martyrs on October 18, 1964, he also made reference to the Anglican pages martyred for the same reason.

### Reflection

Like Charles Lwanga, we are all teachers and witnesses to Christian living by the examples of our own lives. We are all called upon to spread the word of God, whether by word or deed. By remaining courageous and unshakable in our faith during times of great moral and physical temptation, we live as Christ lived.



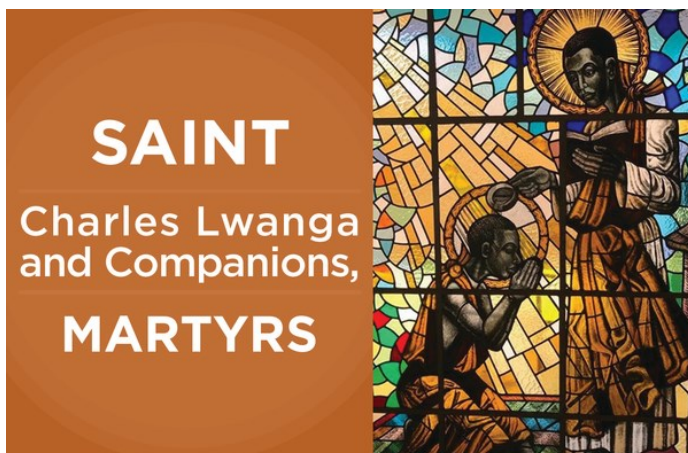
### Prayer to Defeat Florida's Abortion Amendment

Ever-living God, you give life and desire a future for all your children. Take hold of our nation, state, and community and awaken in every heart awe for the gift of life. Send your Spirit to strengthen us with wisdom and fortitude as we defend mothers and children in Florida from laws that disregard their health and safety.

Mary and Joseph trusted in you and welcomed Jesus into our broken world. God Almighty, we ask their intercession to protect the preborn and their mothers, and to guide all parents in raising their children. May they help us build a civilization of love by upholding the sacredness of life and accompanying pregnant women in need. We ask this through Christ, our Lord. Amen.

Our Lady, Mother of the Family, pray for us!

St. Joseph, Protector of the Unborn, pray for us!



**SPREAD THE WORD.** The Order of Christian Initiation of Adults (Latin: Ordo initiationis christianae adultorum), or OCIA, is a process developed by the Catholic Church for its catechumenate for prospective converts to the Catholic faith above the age of infant baptism. For those who wish to join, the OCIA process is a period of reflection, prayer, instruction, discernment, and formation. Actualize your personal ministry, reach out to friend or neighbor, if gently, to tell them of this program!

## REGISTER FOR THE EMMANUEL

# OCIA PROGRAM

The Order of Christian Initiation for Adults (OCIA) is a year-long process of prayer, learning, and reflection designed for those seeking to become Catholic, those seeking the sacrament of Confirmation, and for those simply exploring the Catholic faith. It is open to all adults ages 18+.

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**Classes are held on Sunday  
afternoons and starts at 1:00  
PM**

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Registration information will  
be provided through the parish  
office: P561.496.2480

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Answers to specific questions will be given  
once we have your contact info.

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Deacon Anthony Cuseo is the OCIA Program  
Director - P561.496.2480.

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Emmanuel Catholic Church  
15700 S. Military Trail, Delray Beach, FL 33484  
P561.496.2480 F561.496.5755

## Pilgrimage to Fatima & Lourdes with Barcelona

May 18 — May 27, 2025 • 10 Days • 15 Meals



**Book now and save \$350: Double \$3,999\*      Single \$4,499\***

Price includes 10 days, 15 meals; round trip air from Palm Beach Int'l airport, all air taxes and fees/ surcharges, hotel transfers and bus round trip from Emmanuel Church to and from airport. Prices guaranteed through November 19, 2024.

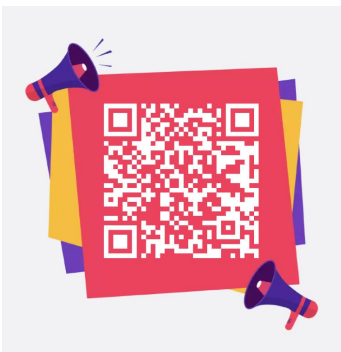
Deposit of \$698 per person is due upon reservation. Final payment is due March 19, 2025.

**\*Not included in price:** Cancellation Waiver and Insurance of \$449 per person, if electing insurance, it must be purchased at time of the booking. Optional tours available in Barcelona and Montserrat, Spain.

**For complete details on the tour and to make a reservation, go to the Collette website below or Contact Carol Chapman at 561-310-3229, cchapman33463@gmail.com**

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BELOW**



### Itinerary at a Glance

Day 1	Overnight Flight
Day 2 – 3	Hotel de Fatima, Fatima
Day 4 – 5	Abba Burgos Hotel, Burgos
Day 6 – 7	Hotel Mercure Imperial Lourdes , Lourdes
Day 8 – 9	Occidental 1929 Hotel, Barcelona

### Worry-Free Cancellation

Our industry-leading cancellation waiver offers travellers a full cash refund for the price of the tour, right up to the day prior to departure, minus the small cost of the waiver. Travel worry-free knowing if anything changes, you're protected.